
Yolo Community Care Continuum

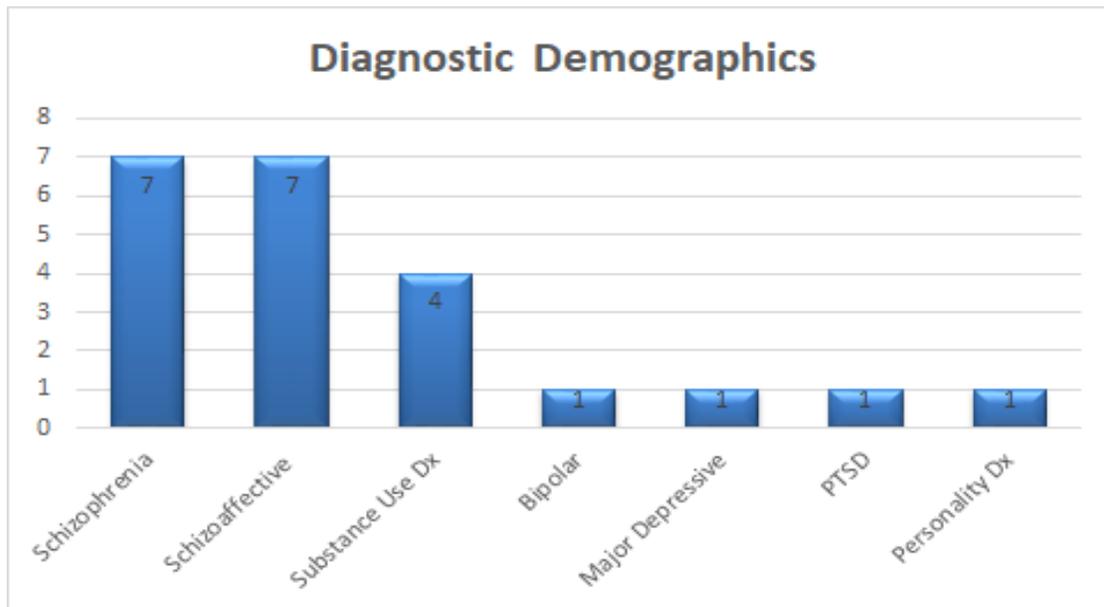
YCCC Farmhouse Annual Report July 1, 2017 to June 30, 2018

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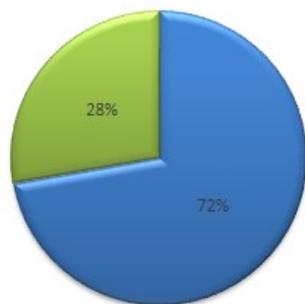
Yolo Community Care Continuum's Farmhouse program is a rehabilitative residential treatment program that offers a group living environment where adults can learn the skills necessary to transition from a highly structured treatment environment to a less structured independent living situation.

Our clients are primarily diagnosed with Schizophrenia and Schizoaffective Disorder, and many are dual diagnosed with substance use dependency.

Demographics

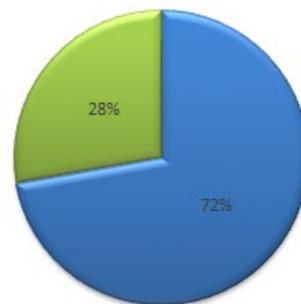


Drug & Alcohol History



■ Drug Hx ■ No Drug Hx

Gender



■ Male ■ Female

Most of the clients who come to the Farmhouse have multiple mental health diagnoses. Over half struggle with addiction issues which further complicates their path to wellness.

Effectiveness

The Farmhouse measures effectiveness by the number of clients who transitioned to a lower level of care. This is quantified by measured mental health stability, and independent living skills.

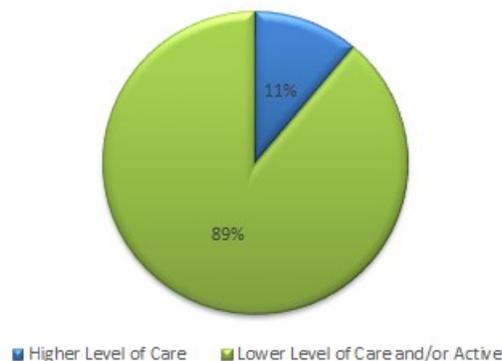
- **Mental Health Stability**

The effectiveness of this category is measured by the number of clients who continue in the program or can transition to a lower level of care.

Goal: 75% continue in the program or transition to a lower level of care.

The graph shows the outcomes for all 18 clients served during this fiscal year:

Level of Care After Discharge

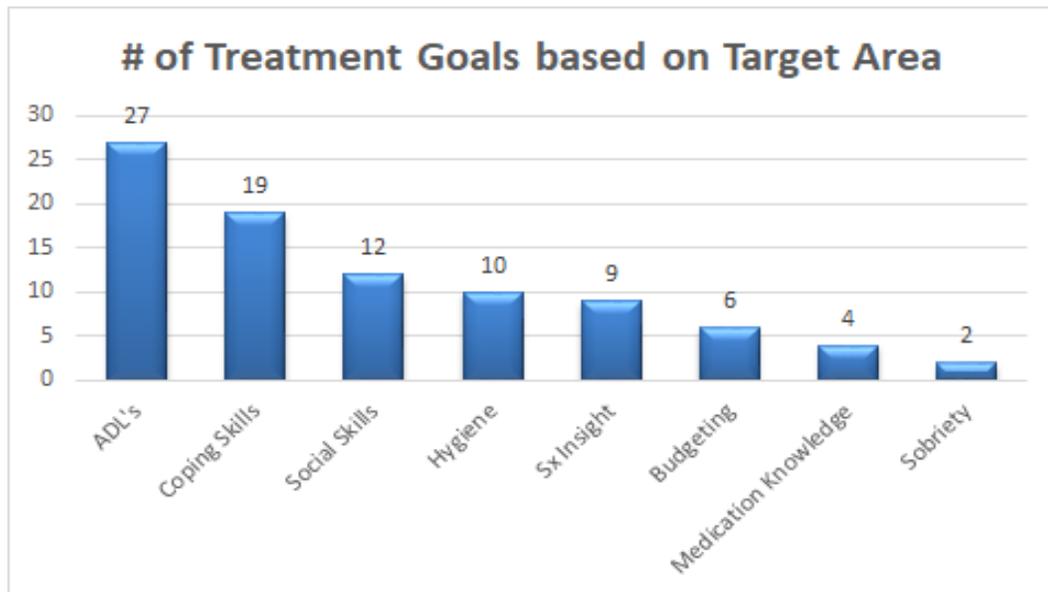


89% of the population served this fiscal year continue to participate in the Farmhouse program or have discharged to a lower level of care, surpassing the goal. Compared to the previous year, the Farmhouse has improved from 83% to 89%. Total participation in the program by this fiscal year's population was over 75%, showing high involvement and interaction with the program. This includes participation in daily process and skills-based groups, community reintegration, as well as activities lead by both staff and peers.

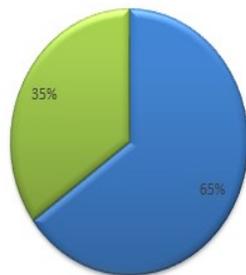
- **Independent Living Skills**

Effectiveness in this category is measured by the number of clients who were able to improve or maintain their activities of daily living (ADL) such as medication management, symptom management, budgeting and money management, shopping, cooking, personal care and access to community resources. This is also measured by clients moving to a higher step level in the program.

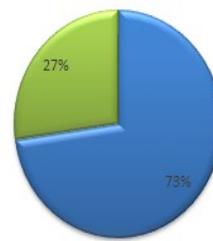
Goal: 75% show an increase in independent living skills.



Treatment Goals Met vs Not Met



Advanced Past Step Level 1 vs Did not Advance



■ Treatment Goals Completed ■ Treatment Goals Not Completed ■ Client's Who Advanced Base Step Level 1 ■ Client's Who Did Not Advance Past Level 1

Most of the treatment goals made this fiscal year were related to both activities of daily living (personal hygiene, cooking, cleaning, community engagement, accesses community resources, etc.) and developing coping skills (journaling, exercise, meditation, reading, etc.).

65% of treatment goals made this fiscal year were met, with 73% of those in the Farmhouse program successfully moved onto a lower level of supervision within the program itself. This means the person demonstrated consistently that they can be out of direct supervision without risk of engaging in self-defeating behaviors, they have consistently participated in the program above 75% for three months and have shown the ability to use coping skills effectively on their own.

- **Vocational Development**

Effectiveness in this category is measured by the number of clients who obtain a job, have volunteer or school placement while living at Farmhouse.

Goal: 50% will obtain a job, have volunteer or school placement while living at Farmhouse.

During this period, Farmhouse offered a variety of vocational and educational opportunities for clients such as volunteer opportunities at local businesses, ranches, and attending adult education or community college.

There was also opportunity for employment with the Farm to Mouth on-site farming program. This fiscal year more than 3 Farmhouse residents and over 6 people from the local community participated in this vocational opportunity.



Compared to the previous fiscal year, this year saw a decline (33% to 25%) in those wanting to engage in vocations outside of the program itself. However, those who were involved during this fiscal year were highly involved, consistent, and enjoyed their respective areas of interest. We do not view this a poor reflection of our program due to the need and desire of these clients to focus on other goals such as ADL's.

Recommendations for Continuous Quality Improvement

1. Continue efforts in updating and refining all aspects of the Farmhouse program such as:
 - a. Updating all policies and procedures (P&P)
 - b. Redesigning the step level system to be clearer and more relevant to the current population residing at Farmhouse.
 - c. Developing a more specific and clearer definition of Farmhouse expectations, what violates these expectations, and what consequences will follow.
2. Continue efforts in updating the new hire training to reflect the updates to the Policies and Procedures, Step Level program, and House rules.
3. Continue efforts to expand the Farmhouse program by utilizing the land more.
4. Continue efforts to present and expand the groups, events, and vocational programs that best represent our clients' needs and interests.
5. Continue expansion of the Farm to Mouth vocational program to be accessible to more people and self-sustaining.
6. Continue the efforts to provide more vocational opportunities and other resources for our clients.

7. Continue to improve the quality, safety, and comfort of the facility with new flooring, outdoor motion lights, paved walkways, painted murals, and client lockers.

Summary

It is important for the Farmhouse to continue our efforts to offer our clients the most individualized, current, and relevant care possible. It is our goal to help our clients not only reach and maintain the goals they have set for themselves while at Farmhouse, but to also expand what they believe the possibilities are for their futures.