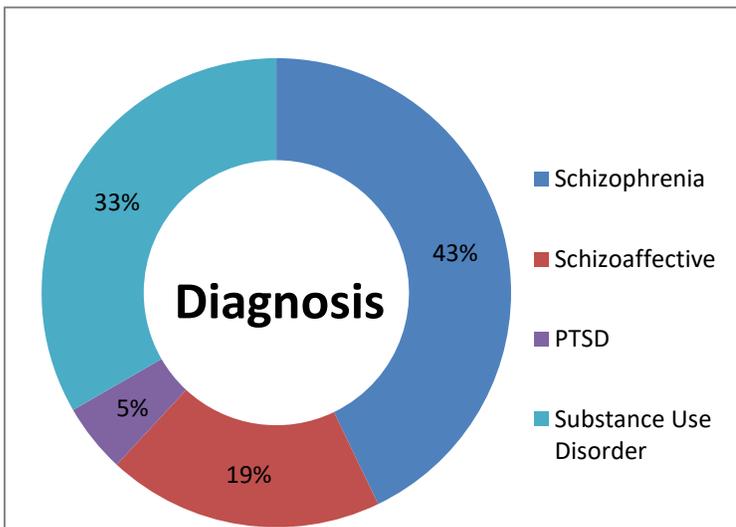
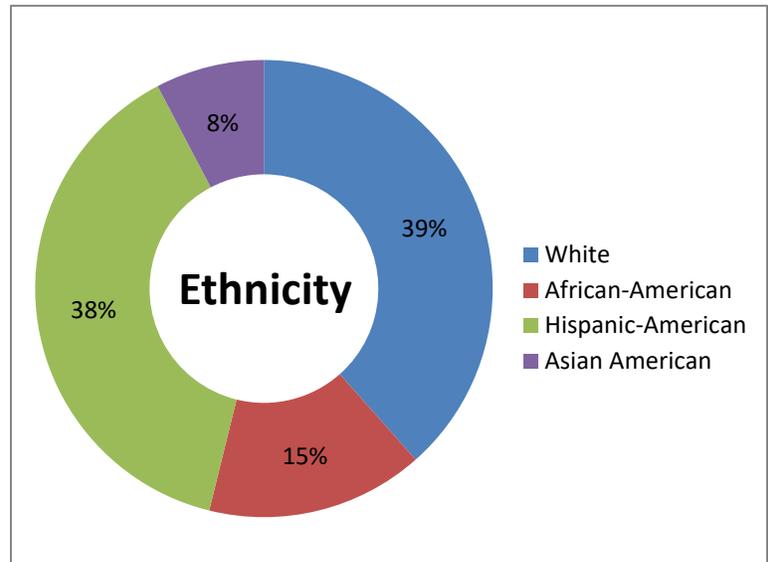
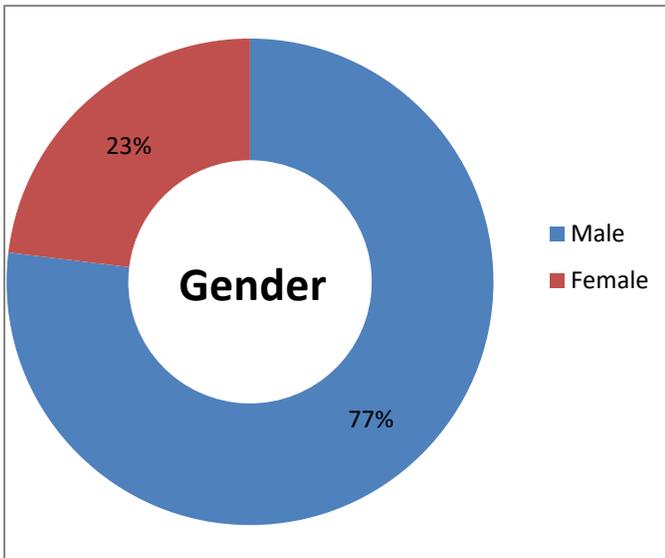

Yolo Community Care Continuum

Farmhouse Semi-Annual Report
July 1, 2020 – December 31, 2020
Submitted by Elizabeth Hall, AMFT
Farmhouse Program Director

The Farmhouse is a rehabilitative residential treatment program that offers a group living environment where adults can learn the skills necessary to transition from a highly structured treatment environment to a less structured independent living situation. At Farmhouse it is important to continue in our efforts to offer our clients the most individualized, current, and relevant care possible. It is our goal to help our clients not only reach and maintain the goals they have set for themselves while at Farmhouse, but to also expand what they believe the possibilities are for their futures.

Demographics

"Farmhouse is an inclusive environment that welcomes people of all races, ethnicities, religions, sexes, and gender identities."



62%
Schizophrenia/Schizoaffective
Disorder Diagnoses

85%
Substance Abuse History

77%
History of Incarceration

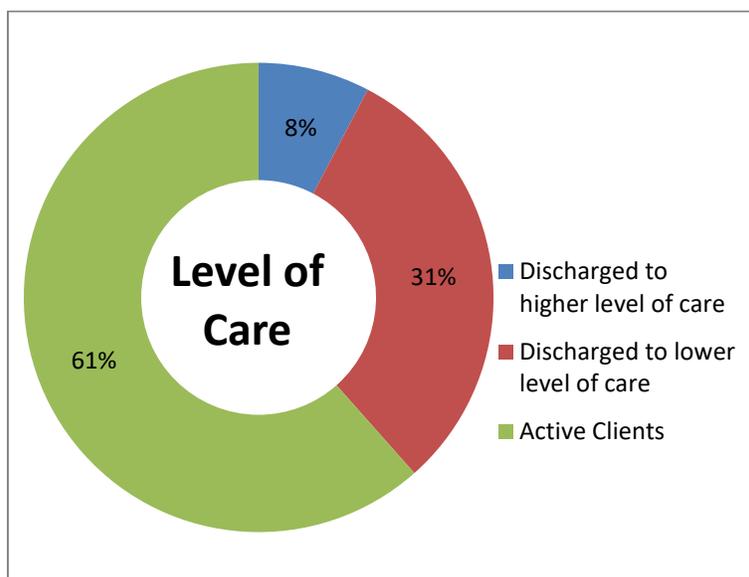
Effectiveness

Farmhouse measures program effectiveness by the number of clients who transitioned to a lower level of care. This is quantified by measured mental health stability, lack of hospitalizations, lack of incarcerations, vocational skills, and participation in a substance use program.

1. Mental Health Stability

Effectiveness is measured by the number of clients who continue in the program or transition to a lower level of care.

Goal: 80% continue in the program or transition to a lower level of care.



92% Continued at Farmhouse or discharged to a lower level of care.

- Compared to the previous year, the Farmhouse has decreased this statistic from 93%.
- The 8% accounts for only one client who moved to a higher level of care for progressive chronic physical condition that developed.

2. Lack of Hospitalizations

Effectiveness is measured by the number of days that clients were not hospitalized during their stay at Farmhouse.

Goal: Maintain no hospitalizations for 80% of clients.

- **85% of clients were not hospitalized.** Two clients were hospitalized during this time frame due to an increase in symptoms related to their diagnosed mental illness.

3. Lack of Incarceration

Effectiveness is measured by client not remitted into custody for any length of time.

Goal: Maintain no incarcerations for 80% of clients.

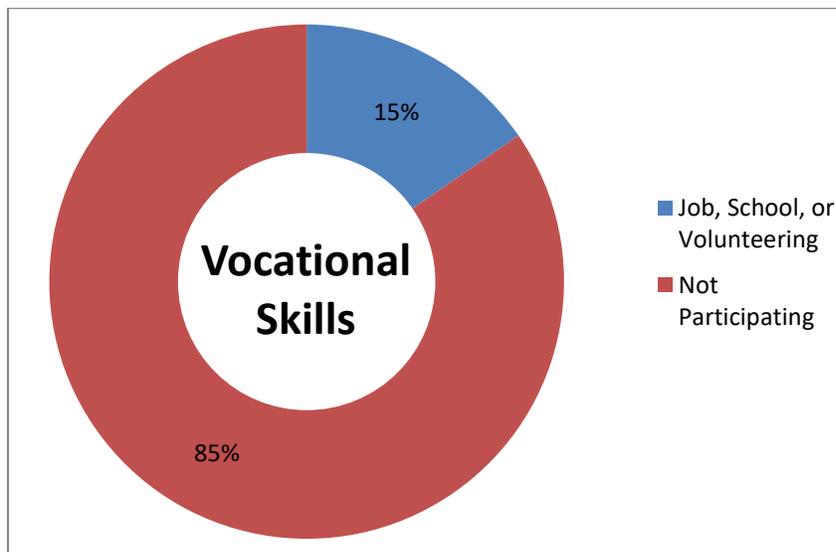
- No clients were incarcerated during this fiscal year.

4. Vocational Development

Effectiveness is measured by the number of clients who obtain a job, volunteer placement or school placement while living at Farmhouse.

Goal: 50% will obtain a job, volunteer placement or school placement while living at Farmhouse.

During this time, the Farmhouse was unable to offer the usual variety of vocational and educational opportunities for clients such as volunteer opportunities at local businesses, ranches, and attending adult education or community college or opportunity for employment with our Farm to Mouth on-site farming program due to COVID-19 restrictions.



- Compared to the previous fiscal year, this year saw a decrease (33% to 15%) in those participating in work, school, or volunteer opportunities. This decrease is a direct result of COVID-19 restrictions.

5. Participation in a Substance Use Program

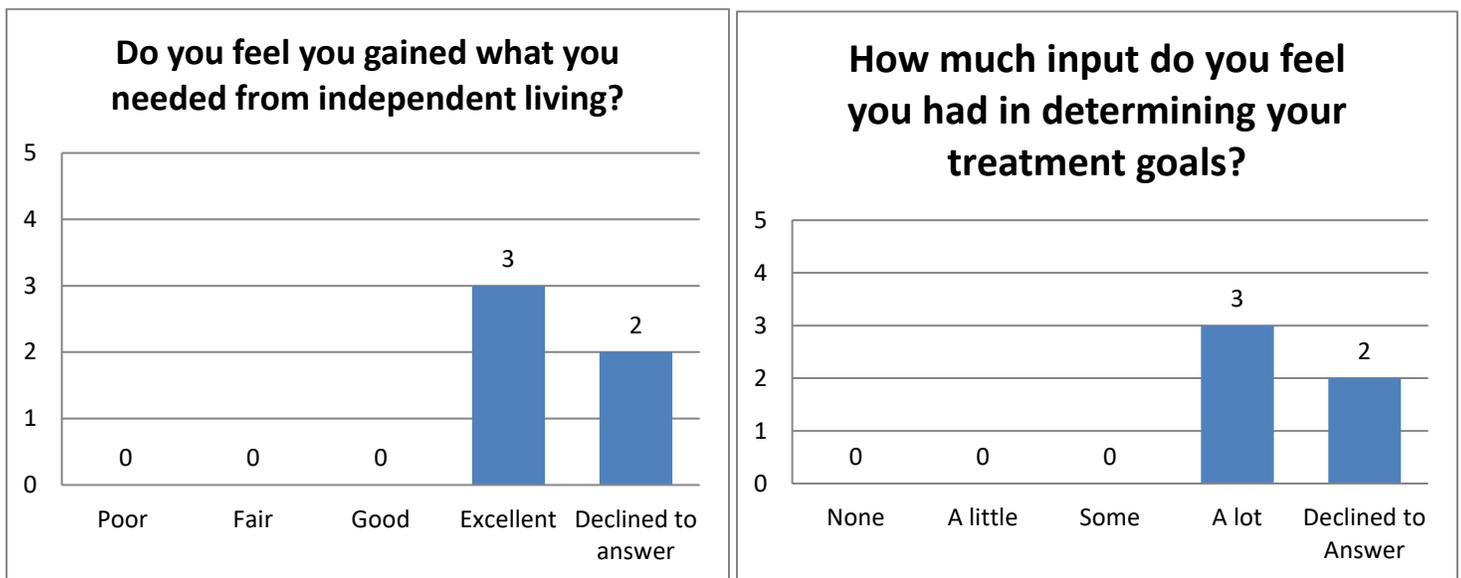
Effectiveness in this category is measured by the number of clients who participated in a substance use program, including Alcoholics Anonymous, Narcotics Anonymous, Free to Choose. and Al-Anon.

Goal: 80% of clients with substance use disorders will participate in a substance use program while living at Farmhouse.

100% of clients participated in at least one type of substance use program. Clients state that they feel making a habit and practicing utilizing these resources while at Farmhouse is vital to their success after Farmhouse. When on their own they will already have strong coping skills and a support system they can utilize any time it is needed.

Client Satisfaction

Effectiveness in this category is measured by clients' responses to a series of survey questions regarding their satisfaction with the program. For each question, the following rating scale was used: 1 = None, 2 = A little, 3 = Some, and 4 = A lot. The following graphs reflect client responses to two of the questions.



100% of clients who completed the survey responded with a 3 or 4.

Implementations of Last Period's Recommendations

In efforts to refine all aspects of the Farmhouse Program the following has been updated or implemented:

I. Program Development

- Farmhouse policies and procedures (P&P) have been updated to reflect current requirements including policies and procedures for pandemic response.
- Staff training materials have been updated and additional in-person and video training opportunities have been implemented.
- The interest in the animal care has increased with the barn improvements. A new duck coop is in being added and the clients are painting a water environment mural.

- d. The step level reward system has been redesigned to not be so reliant on offsite activities. This was done so anytime we must shelter in place due to a pandemic the program can continue in a smooth and constant manner.

II. Environmental Improvements

- a. Improvements have continued to be made to the grounds, such as, trees trimmed, patio cover repaired, rubbish removed, and many additional plants added to improve the outside appearance.
- b. Improvements to our animal enclosures have been made such as a new hutch for the rabbit and more secure gates for the goats. We are in the process of remodeling a space in the barn for the ducks.
- c. More security cameras and solar motion activated lights have been installed in various locations around the property.

III. Fiscal

- a. Funding for the Farm to Mouth vocational program has been limited this year due to COVID-19 concerns.
- b. The Yolo Food Bank continues to be utilized to decrease cost in purchasing food for the clients.
- c. Solar lights are being used to increase the lighting outside without impacting the electrical bill.
- d. Any new appliances are energy efficient to help reduce the energy bill.

Recommendations for Continuous Quality Improvement

I. Program Development

- a. Continue in efforts to present and expand the groups, events, and vocational programs that best represent our clients' needs and interests.
- b. Continue progression of the Farm to Mouth vocational program to be accessible to more people and self-sustaining. We are researching the feasibility of utilizing part of the land as a natural habitat and meditation garden that the community can access in exchange for a donation or small fee that would be used to fund the Farm to Mouth program.
- c. We are considering new ways that we can ensure that our clients have vocational and volunteer opportunities regardless if we are in a pandemic or not.

II. Environmental Improvements

- a. Continue in efforts to expand the Farmhouse program by utilizing the land more.
- b. Continue to improve the quality, safety, and comfort of the facility with new flooring, additional walkways, additional security cameras, more painted murals, and overall organization of the facility.

III. Fiscal

- a. Continue in efforts to streamline the client referral process, increase community contact, and strengthen connections with referring counties to ensure that beds are filled.

- b. Continue to encourage staff and clients to be mindful of their electrical, water, and gas use.
- c. Continue to replace appliances with more energy efficient ones.