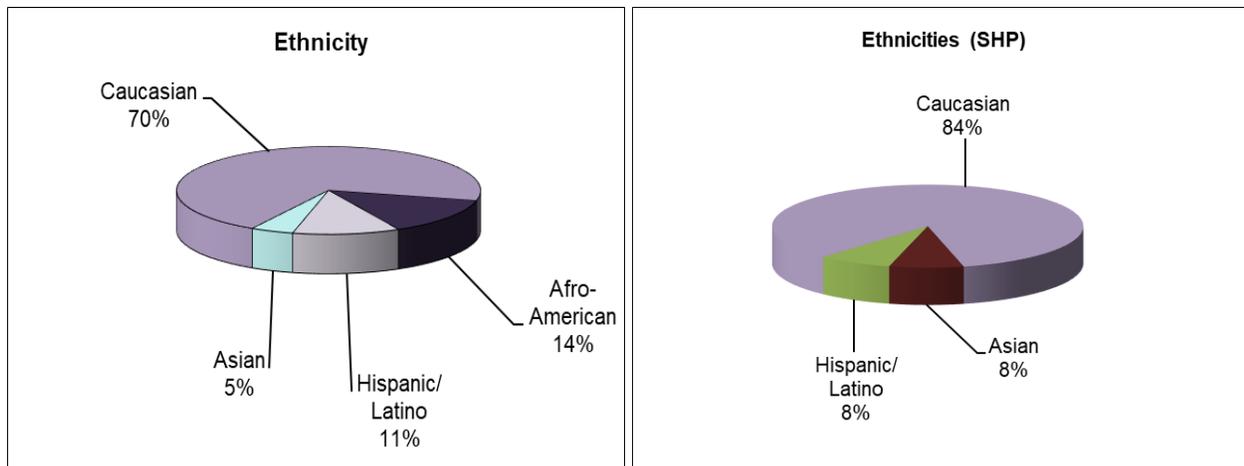
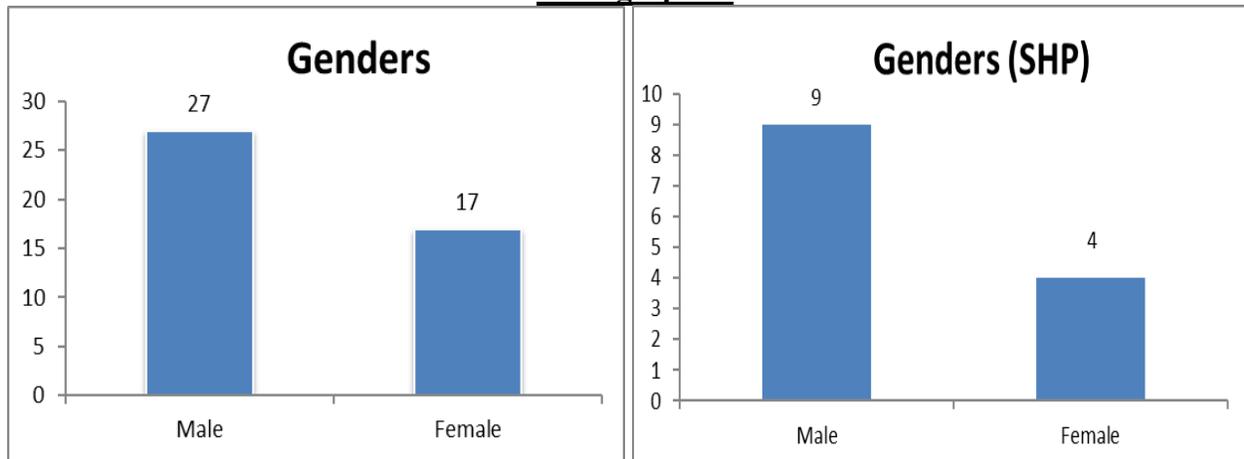

Yolo Community Care Continuum

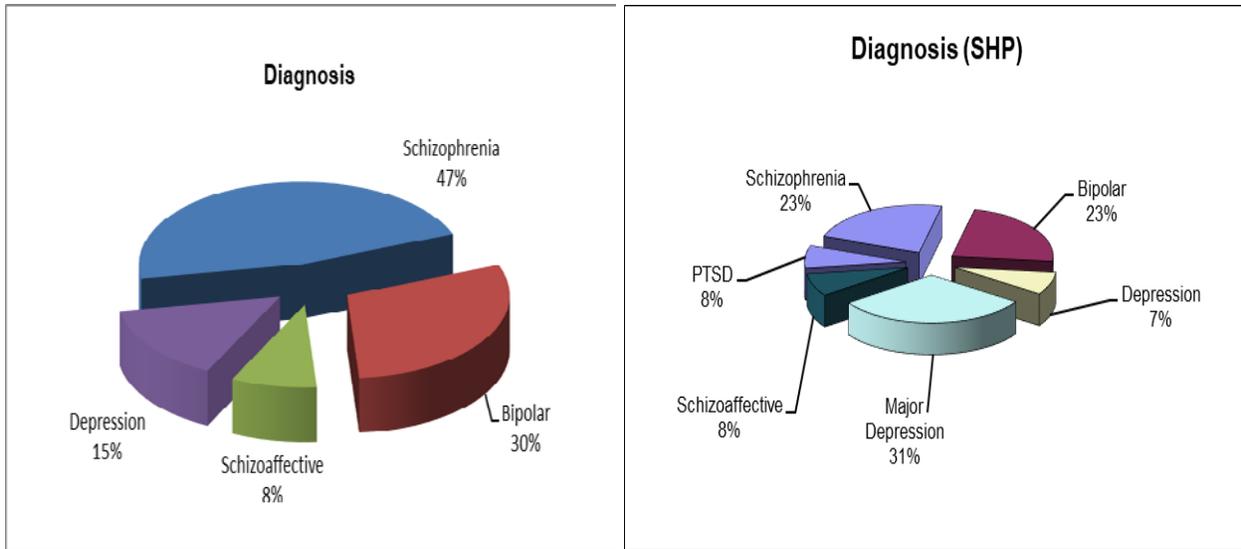
New Dimensions Supportive Housing Semi-Annual Report July 1, 2018 to December 31, 2018

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Supportive Housing Program Director

Yolo Community Care Continuum's New Dimensions Supportive Housing offers two categories of supportive housing, which are equal as far as the type of housing provided but differ on how the housing is funded. The first category of housing is referred to as supportive housing, and it's for consumers that have their benefits, and as a result, pay their own rent and pay for their basic needs. The second type of housing provides housing to consumers that are homeless and do not have their benefits, and is funded through the Supportive Housing Program grant, and here after will be referred to as SHP.

Demographics





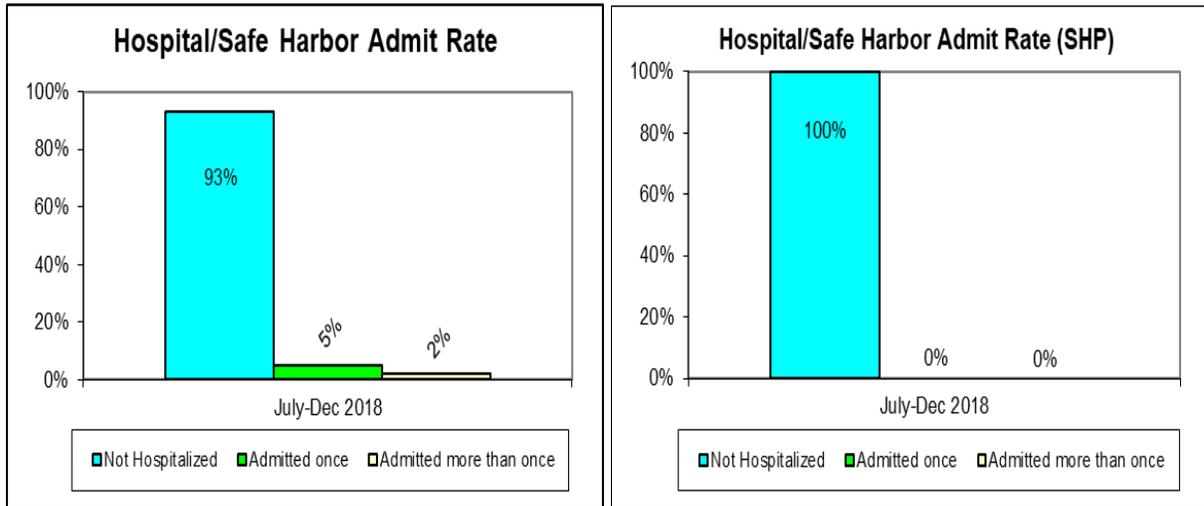
- The NDSH program currently has three co-ops in Woodland (two of which are SHP co-ops), the New Dimensions apartment complex (15 units in Woodland), and the Homestead apartment complex (21 units in Davis). During the first half of fiscal year 18-19, the New Dimensions Supportive Housing Program was able to house a total 57 individuals, 44 in the supportive housing program and 13 in the SHP program. The average length of stay for our current residents is 5.25 years.
- Forty seven percent of the current residents in the supportive housing program either have a Housing Choice Voucher (HCV), or live in a unit that has a Project Based Voucher. Twenty eight percent are on the waiting list for a HCV or a Project Based Voucher, and the remaining twenty five percent are either not on the HCV or Project Based Voucher waiting list, or do not qualify.
- During the first half of fiscal year 2018-19 the housing program performed a total of one hundred and thirty-four house meetings, met with the resident's support providers forty-two times and performed thirteen housing team meetings with residents. The housing program assisted seven residents with their Housing Choice Voucher/Site Based Voucher recertification paperwork. The housing program performed fifteen crisis assessment meetings with residents and worked directly with ten residents to assist them to retain their housing. The housing program also assisted our residents with quarterly house cleanings six times, and got six rooms ready for a new resident to move in.

Effectiveness

Supportive housing measures program effectiveness by decreasing the number of hospitalizations needed, reducing homelessness, increasing independent living skills, reducing incarceration rates, and increasing vocational involvement.

- **Mental Health Stability**

The effectiveness of New Dimensions Supportive Housing is measured by the number of clients who are able to maintain their current level of housing without having admissions to either Safe Harbor or the hospital. **Goal: 80% of those housed remain in housing with out a hospitalization or Safe Harbor admission.**



In the first half of the 2018-19 year ninety three percent of the residents in supportive housing did not have any admissions to either Safe Harbor or the hospital. The two residents who were admitted to either Safe Harbor or the hospital one time, were able to return to their housing placement after they stabilized. The one resident that was admitted to either Safe Harbor or the hospital more than one time was able to return to their housing placement after they stabilized.

In the SHP program, one hundred percent of the residents did not have an admission to either Safe Harbor or the hospital during the fiscal year.

Combining the total number of residents in NDSH and SHP, we see that ninety four percent of our residents did not have a single admission to either Safe Harbor or the hospital. Four percent of the residents had one admission to either Safe Harbor or the hospital, and two percent of the residents had more than one admission over the course of this period.

- **Homelessness**

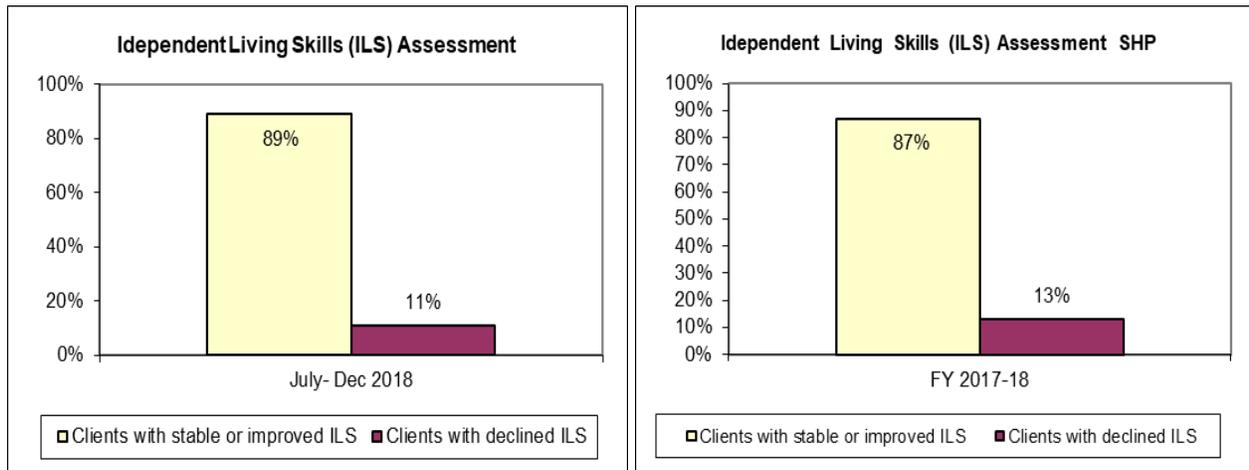
The effectiveness of New Dimensions Supportive Housing is measured by reducing homelessness within the Yolo County mental health client population. **Goal: 70% of those housed were homeless or at risk of being homeless.**

In the first half of the year, NDSH was successful in transitioning three new clients into supportive housing. The two SHP beds were delayed being filled due to the new coordinated entry system required by HUD, one of which will be filled in January 2019.

There were six clients that left NDSH during the first half of the year. Two clients left the supportive housing program to move into apartments out in the community, due to their behaviors three clients discharged to homelessness, and one passed away.

- Independent Living Skills**

Effectiveness of New Dimensions Supportive Housing is measured by the number of clients who are able to improve or maintain their independent living skills (ILS), which ultimately results in the client’s ability to maintain their housing. **Goal: 80% show an increase or maintain their independent living skills.**



Eighty nine percent of the residents in supportive housing were able to improve or maintain their ILS levels, while the remaining eleven percent of the residents had a decrease in their ILS levels.

Of the forty-four residents housed during the first half of the year, there were five residents who had a decrease in their ILS during the fiscal year. Four of the five residents were able to maintain their housing placement due to the support they received from the supportive housing program in improving their independent living skills. The fifth resident lost their housing due to non-payment of rent and was evicted.

In the SHP program eighty seven percent of the residents were able to improve or maintain their ILS levels. Two of the four residents that had a decrease in their ILS were able to maintain their housing placement due to the support they received from the supportive housing program.

- Client Satisfaction Survey**

Effectiveness of New Dimensions Supportive Housing is measured by how our residents rate NDSH in our client satisfaction survey. **Goal: To have 75% our residents rate NDSH in the top two rating categories on the survey.**

How would you rate the quality of services you received?

65%	25%	10%	0%
Excellent	Good	Fair	Poor

How much input do you feel you had in determining your treatment goals?

55%	45%	0%	0%
A Lot	Some	A little	None

How satisfied were you with staff's effort to include your family in your treatment?

33%	45%	11%	11%
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Very satisfied	Mostly satisfied	Somewhat satisfied	Dissatisfied
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How satisfied were you with the support you received from staff?

70%	15%	15%	0%
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Very satisfied	Mostly satisfied	Somewhat satisfied	Dissatisfied
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How do you feel about the level of education you received on accessing community resources?

39%	50%	5.5%	5.5%
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Very satisfied	Mostly satisfied	Somewhat satisfied	Dissatisfied
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How comfortable were you exploring your feelings and issues?

45%	45%	5%	5%
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Very comfortable	Comfortable	Somewhat comfortable	Uncomfortable
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In how timely a manner did you feel you received services?

40%	40%	20%	0%
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Very timely	Timely	Somewhat untimely	Untimely
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If I had other choices, I would still choose to get services from YCCC.

70%	20%	10%	0%
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Strongly Agree	Agree	Somewhat Agree	Disagree
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The treatment that I have received has helped me manage my mental health symptoms and stay out of the hospital.

60%	35%	5%	0%
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Strongly Agree	Agree	Somewhat Agree	Disagree
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Feasibility

Supportive Housing

Cost of program: \$37,031
 Number of Clients served: 44
 Cost per client per day: \$5.10

SHP

Cost of program: \$76,230
 Number of Clients served: 13
 Cost per client per day: \$35.58

The cost for an SHP client is more because these clients are coming from homelessness and have no income. This means that more time and resources must be devoted to helping them achieve self-sufficiency and mental health stability.

Recommendations for Continuous Quality Improvement

• **Program Development**

1. Continue to recruit interns to provide services to the residents in the supportive housing program.
2. Increase the number of house meetings in our woodland co-op to increase contact with residents, provide more supports where necessary, and improve their living environment.
3. Work on refining the terms & conditions in the rental agreement, and have all residents sign the new rental agreement.

Implementations of Last Period's Recommendations

- **Program Development**

1. NDSH was able to get 13 nursing students from the Sacramento State Nursing program to work with the residents who volunteered for 8 weeks in the fall and spring semesters.
2. With the additional staff person, NDSH continues to have weekly house meetings in our Davis co-op, but not the Woodland co-op due to the general stability of that house.
3. NDSH has created a new document, which is updated as situations dictate, to outline the rules and expectations of the housing program, and the residents are signing the updated version.