



YOLO COMMUNITY CARE CONTINUUM

Yolo Community Care Continuum

March 2017, Newsletter

2016/17

Board of Directors

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- Michele Kellogg,
Executive Director

Are you a professional looking to serve our community? We are looking for interested persons to join our Board of Directors that work in the legal, financial, medical or educational fields. If interested, please contact Michele Kellogg, Executive Director at (530) 758-2160 or mkellogg@y3c.org.

2016 In Review

2016 was a good year for YCCC!

We served over 700 clients in Yolo and Placer Counties throughout our seven facilities.

Our newest facility, Cornerstone Crisis Residential in Roseville, was able to serve over 150 clients who might have otherwise been incarcerated or hospitalized. This facility is run in cooperation with Placer County Health and Human Services and the partnership is phenomenal! After just a year and a half, Cornerstone is now operating at full capacity with fourteen beds available.

Harmony House in Auburn continues to see success with 63% of clients having jobs or volunteering in the community and all clients receiving psychiatric support. Also, they received a 'Book of Dreams' grant to construct a garden!

The Farmhouse has been very active with the completion of a structural remodel thanks to funding from the City of Davis and CDBG funds; employing 22 individuals with mental illness in the Farm to Mouth program; 57% of clients have a job or volunteer or are going to school; and has a real working farm with 15 laying hens, 6 laying ducks, 4 goats and 1 pig in addition to the one-acre vegetable farm!

Our Greater Access Program (GAP) provided outreach to over 130 individuals in Davis, West Sacramento and Woodland and helped 118 clients get SSI benefits.

The Housing Now Network served over 56 homeless, mentally ill individuals and placed over 20 homeless, mentally ill people into permanent housing. This program continues to de-

velop partnerships with landlords to help house people that otherwise would be turned down for housing placement.

Safe Harbor Crisis House served over 300 individuals experiencing psychiatric crisis and provided after hours crisis phone support for 400 callers needing mental health assistance during non-business hours.

Supported Housing, serving Woodland and Davis, housed 59 individuals with a mental illness, received funding for 4 new beds in Davis and transitioned ten individuals from homelessness into housing.

All in all, a very good year for our programs and services. We look forward to an even more successful 2017 and we are thankful that you are a part of our success!



Harmony House Garden



Farmhouse Vegetables

Client story

Ten years ago, Steve moved to California to help his sister. While helping her, his wife served him with divorce papers. This was devastating to Steve and he went into a severe depression and started hearing voices in his head. He could no longer help his sister and let go of everything in his life.

Steve slept on the streets of West Sacramento for several

years and started experiencing increased medical issues. Steve found his way to the Fourth and Hope Shelter and from there was referred to GAP. GAP offered Steve the chance to receive help for his mental health and physical needs. He was eventually referred to YCCC's housing program and was accepted into housing. After entering YCCC housing, Steve's quality of life substan-

tially improved by giving him a safe and stable place to live. Without the YCCC housing program Steve's lack of social support and income would have forced him back out on the streets and into homelessness.

Since entering the YCCC housing program Steve has been able to gain stability with his housing and with his mental illness.



Dignity Health™



Sutter Health



YCCC Develops New Partnerships

We are so excited to announce we have two new partners joining with YCCC—Dignity Health and Sutter Health Valley Area!

Dignity Health has long been a vendor of our services but this past November, after long discussions, our partnership developed into a more formal program. All four major Dignity Health hospitals will be utilizing our crisis residential facilities to help clients receive immedi-

ate and compassionate care.

We are so thankful to the team at Dignity Health for entrusting us with some of this community's most vulnerable people.

Our newly formed partnership with Sutter Health Valley Area (SHVA) will help people in both Yolo and Placer Counties. In December, we began talks with SHVA to initiate a process in which people who are in crisis and enter an emer-

gency room at Sutter Davis or Sutter Roseville, will be evaluated and transferred to either Safe Harbor Crisis House in Woodland or Cornerstone Crisis Residential in Roseville. By doing this, clients are less likely to face hospitalization and/or incarceration due to their crisis situation.

We anticipate this program to be up and running by Spring 2017.

Greater Access Program (GAP) to end June 2017

The philosophy of GAP is to provide individualized services targeted to those who are unable to participate in traditional services. The treatment team members share responsibility for the individuals served, the range of services is comprehensive and flexible and includes outreach and engagement, wrap around services, direct treatment for mental health, substance abuse, and co-occurring disorders.

GAP has been functioning through a MHSa grant funded through the Yolo County Health & Human Services department, in collaboration with Fourth & Hope, since 2014. The perimeters around the grant were for a 3-year time frame.

We are sad to report that this program has not been re-funded for 2017.

While we are disappointed to

see this program go, we are thankful for the great success this program has had over the past three years.

We served over 230 people from various walks of life. 100% of people served had some form of mental illness; 72% served had substance abuse problems; 29% served were referred to Safe Harbor; 58% were helped with housing and 89% of people served were able to establish SSI benefits.

Open House Events

In early February, YCCC hosted our first-ever open house events for our donors and friends.

The events were a way for us to show all the good work we are doing in the community and to enable our constituents to ask us about our programs and services being offered. We

had several friends join us and were pleased to provide them information that was relevant to their situation.

We made new partnerships and strengthened long-time existing partnerships. Thank you to those who were able to join us!

We will be hosting more open house events through-

out the year so keep checking our website and Facebook page for updates.



Big Day of Giving 2017

Already in its fourth year, the Big Day of Giving 2017 (#BDOG2017) is set for May 4, 2017. And YCCC is proud to be part of the Big Day of Giving as a nonprofit partner!

Big Day of Giving is a 24-hour online giving challenge that brings together the region's nonprofit community to help raise much needed unrestricted funds and shine a spotlight on the work nonprofits do to make the Sacramento region the place we call home. For the past few years, the giving day has united our community, raising more than \$16 million for local nonprofits from over 36,000 donors from all over the region, the state, the country, and the world.

Starting at midnight on May 4th, a call to action will be sent throughout our community to log in and give to the nonprofit of their choice.

Giving on May 4 will not only show support for our community and the work of nonprofits, but it will also be an opportunity to make your donation dollars stretch! Many local businesses and organizations will contribute funds to a pool of matching dollars! This means that every dollar donated on May 4 will get a boost from this pool of funds through a pro-rated match. If you are thinking of donating to YCCC, May 4th is the ideal day because of the matching dollars available.

And, as a special incentive this year, donors will have the option to schedule a gift! That's right, beginning April 14th, donors who would like to contribute to their favorite nonprofit but may not be near a computer on May 4th or if you just don't want to forget, you now have the option to 'pre-donate' to your favorite nonprofit(s).

Keep checking our website and/or Facebook page for updates and links to follow us on our BDOG/ GivingEdge donation page.

MAY THE 4TH BE WITH YOU!

#mentalillnessisreal

Big Day of Giving MAY. 4



Inaugural Gala Dinner & Auction

On Monday, October 3, 2016, YCCC hosted our Inaugural Gala Dinner & Auction, 'An Evening of Inspiration & Hope'. The dinner was held at the Odd Fellows Lodge in Davis.

We were pleased to welcome our keynote speaker, Darrell Steinberg. Mayor Steinberg spoke to the guests about his passion for helping and advocating for people with mental health issues and homelessness.

Davis' own Bob Dunning served as

the evening's Master of Ceremonies and contributed to the success of the night as well.

During the evening, over 120 guests were treated to a hosted cocktail hour where they enjoyed catching up with old friends and bidding on over 40 silent auction items. The program presentation included a passionate speech from a client who has greatly benefitted from the services YCCC offers, an award presentation to Mayor Steinberg followed by a live auction.

Other dignitaries who attended the event were Woodland Mayor Jim Hilliard, Yolo County Supervisor Don Saylor, Woodland City Councilman Tom Stallard and his wife Meg and former Democratic Assemblywoman, 8th Assembly district, Helen Thomson and her husband Dr. Cap Thomson.

Plans are underway for the 2017 dinner & auction event. This year's date has been set for Friday, October 6th.

If you would like to help us plan, please contact the main office.



How Your Contributions Help

We are asked all the time, 'does my \$25 donation really make a difference?' **YES IT DOES!**

You have read through the winter edition of this newsletter, and we have shared the work being done at each of our programs. We have shared stories of our clients. We have shared the successes of our newest events. It is because of you and the support you have shown and continue to show to YCCC, that we have been able to serve this community for nearly 40 years.

And with your support, we look forward to serving this community for another 40 years and beyond!

Here is the impact of your donation:

- \$25 funds one group counseling session at Safe Harbor for 14 individuals experiencing a psychiatric crisis
- \$50 provides transportation and support to and from medical appointments, etc.

- \$75 funds 2 hours of vocational training at the Farm to Mouth program for 5 individuals
- \$100 pays for utilities for 4 Supported Housing residents for one month
- \$250 average cost to fund a bed for a client for one night
- \$500 defrays the cost of personal and daily essentials for our clients



Yolo Community Care Continuum

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Helping mentally ill and homeless people in Yolo and Placer Counties for nearly 40 years!



We're on the web!
www.y3c.org

Our mission at Yolo Community Care Continuum is to better the lives of people with mental illness through direct services, advocacy, education, and volunteer efforts. Yolo Community Care Continuum provides client driven services that assist people to attain the highest level of mental health possible.



Save the Date—Events Calendar

Would you like to be a part of our Gala Dinner & Auction planning committee? Then join us for our monthly meetings!

- ◆ April 10, 12 noon—Dinner/Auction Committee meeting
- ◆ May 4—Big Day of Giving (#BDOG2017)
- ◆ May 6—NAMI Walk,

8am Land Park, Sacramento

- ◆ October 6—YCCC Gala Dinner & Auction, 5:30pm cocktail hour, 6:30pm dinner service begins; California Agriculture Museum in Woodland

For information on any of these calendar items, please contact Debbie Woodsford, Director of Development, at dwoodsford@y3c.org or (530) 758-2160.

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